SPA DAY PACKAGES

Experience the Ultimate Spa Day indulgence at Eden Spa. Experience our heated swimming pool, jacuzzi, sauna, steam room, hot tub and fully equipped gymnasium.

*Spa package times apply
10am-1pm or 1pm-4pm

Spa Day & Sparkling Afternoon Tea

From £80

An Indulgent Spa Afternoon with Tea What's included? - Afternoon use of the spa facilities & swimming pool robes and towels, facial or luxury manicure or pedicure, afternoon tea with a glass of prosecco served in the hotel

Relaxation Pamper Day With Two Course Lunch From £86

The Ideal Day for those wanting some 'Me Time' A day of calm in gorgeous surrounds, luxurious treatments and delicious lunch. Enjoy a choice of treatments.

What's included? - Use of the spa facilities & swimming pool, robes and towels, two-course spa lunch with a glass of prosecco, treatment: Eden Express Facial or Back Massage* (25 mins)

Mother & Daughter Spa Day

From £140 per couple

The Perfect Day for Mother & Daughter to catch up

What's included? - Use of the spa facilities & swimming pool, robes and towels, a choice of treatments, Eden Express Facial with head massage or reflexology. Delicious two-course spalunch, served with a glass of fizz, served in Trubshaw's Restaurant (25 mins each)



Pamper Party Package

From £85pp

Perfect for Hen Parties!

Minimum 6 persons – Bride to be goes free! What perfect way to catch up with friends or send the bride to be off in style!

What's included? - Use of the spa facilities & swimming pool, robes and towels, delicious two-course spa lunch served in a Trubshaw's Restaurant with a glass of fizz... A choice of a 25 mins treatment*

Mums to Be

From £74pp

The Ultimate Relaxation and Pampering for Expectant Mums

Enjoy an afternoon of pampering and relaxing with our Spa Mums to be experience. A tranquil journey for mums to promote relaxation at this important time.

What's included? - Day use of the spa facilities & swimming pool, robes and towels, a delicious two course lunch served in Trubshaw's Restaurant, a choice of a facial or leg and foot massage. (25 mins)

Some treatments will not be suitable for expectant mums.

Just for Him

From £95pp

The Perfect Day Just For Him

Robes and towels, work out in the gym or relax on our stunning poolside.

What's included? - Day use of the spa facilities & swimming pool, robes and towels, a delicious two course lunch served in Trubshaw's Restaurant, full body massage (50 mins)

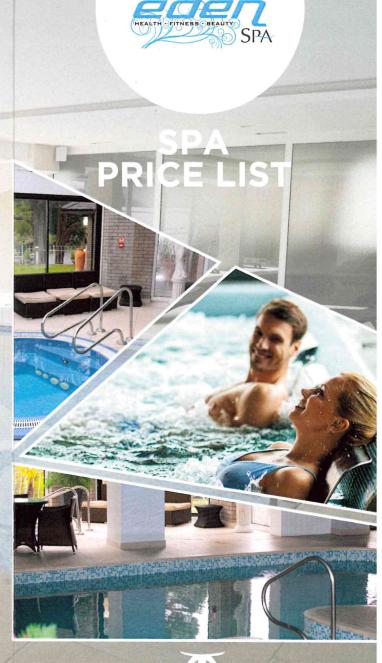
T&C's Apply

Treatments can up-grade with a supplement charge. Appointments for treatments are subject to availability and prices are stated are per person. Spa packages are priced separately – see leaflet for details. A 50% deposit is required for spa treatments and full payment for Spa days at the time of booking. Refunds will be given providing a minimum of 24 hour's notice is given for a cancellation or postponement. Refunds will not be endorsed for no-shows or late cancellations.

The following treatments require a skin test 24 hours prior: eyelash/ eyebrow tinting.

Any client under the age of 14 will need a Parental/ Guardian consent before any treatment.

Please ring 01554 756 156 and ask to be put through to the Spa to make an appointment www.diplomat-hotel-wales.com





TREATMENTS

MASSAGES

Back, Neck and
Shoulder Massage 25 mins £40
A relaxing massage to ease tension and promote relaxation

Full Body Massage 55 mins £60
A relaxing massage reducing muscle stiffness, relieving tension and improving circulation and flexibility

Back, Face and Scalp Massage
A relaxing back massage to relieve any tension, followed by a face and scalp massage to boost circulation

55 mins £60

Hot Stone Placement & Massage 60 mins £55
A relaxing treatment that promotes
circulation and detox

Full Body Hot Stone Massage 90 mins £85 A relaxing massage to relieve tension and stiffness and promotes circulation and detox

Leg Massage25 mins £30Reflexology45 mins £40Half Body Exfoliation35 mins £35

Full Body Scrub with Massage
Moisturiser Application 55 mins £45

Back Face and
Scalp Treatment
1hour 10mins £70
Relaxing back massage deep
cleansing facial and scalp treatment massage

FACIALS

Express Facial with Tropic 25 mins £35 A refreshing facial to brighten and cleanse the skin

Ultimate Facial with Tropic 55 mins £55

Deep cleansing, relaxing skin specific facial with massage'

Luxury Face, Neck & 30 mins £32



EYE TREATMENTS

(24 hour patch test)

Lip & Chin

Eyebrows

Chest or Back

(24 flour pateri test)	
Eyebrow Shape	20 mins £12
Eyebrow Tint	25 mins £12
Eyebrow Tint & Shape	35 mins £20
Eyebrow Tint & Lash Tint	30 mins £26
Eyelash Tint	25 mins £18
Express Manicure	30 mins £25
Express Pedicure	30 mins £25
Luxury Manicure	60 mins £35
Luxury Pedicure	60 mins £38
WAXING	
Full Leg	50 mins £30
Full Leg & Bikini	60 mins £35
Half Leg	30 mins £22
Bikini	30 mins £12
Underarm	20 mins £10

20 mins £25

20 mins £12

45 mins £25